

GT_AA Training Table

GTAA EDGE WEEK TWO

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
12-Feb-10	13-Feb-10	14-Feb-10	15-Feb-10	16-Feb-10	17-Feb-10	18-Feb-10
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Pancakes Potato Triangles Bacon Scrambled Eggs Cheese Grits Biscuits & Gravy Hard Boiled Eggs			French Toast Sticks Tater Tots Chicken Patties Scrambled Eggs Grits Biscuits & Gravy Hard Boiled Eggs	Blueberry Pancakes Home-style Potatoes Bacon Scrambled Eggs Oatmeal Bagels Hard Boiled Eggs	French Toast Shredded Potatoes Red Hots Scrambled Eggs Cheese Grits Cheese Biscuits Hard Boiled Eggs	Pancakes Diced Potatoes Ham Patties Scrambled Eggs Cream of Wheat Cinnamon Raisin Biscuits Hard Boiled Eggs
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fried and Baked Chicker Wild Rice <i>Entrée 2</i> Creole Catfish			Fried Pork Chops Dirty Rice <i>Entrée 2</i> Baked Mahi Mahi with Pineapple and Coconut	Tuscan Style Turkey Breas Garlic Smashed Potatoes <i>Entrée 2</i> Meatloaf Parmesar	Grilled Tilapia Mushroom Rissotc <i>Entrée 2</i> Chicken Carbonara	Honey Mustard Pork Cho Orzo Pasta with Garlic and Fresh Basil <i>Entrée 2</i> Roast Beef Au Jus
VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
Mac and Cheese Stewed Okra & Tomatoes Mixed Greens Baby Carrots			Baked Beans Roasted Zucchini Green Peas Sliced Carrots	Broccoli Rice Casserole French Green Beans Yellow Squash Lima Beans	Sauteed Mushrooms & Onions Broccoli Spears Buttered Peas Whole Kernel Corn	Black Beans Asparagus Cauliflower Dill Carrots
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Entrée 2</i>	<i>Entrée 2</i>	CLOSED	Chicken Breast with Roast Garlic and Marsala Roast Potato Wedges <i>Entrée 2</i> Shrimp and Sausage Jambalaya	Green Roast Pork Spanish Rice <i>Entrée 2</i> Chipotle BBQ Chicker	Grilled Flank Steak with Red Wine and Roast Onion Au Gratin Potatoes <i>Entrée 2</i> Chicken Pot Pie	Turkey Cutletts Dianne Alfredo Noodles <i>Entrée 2</i> Baked Stuffed Shells
VEGETABLES	VEGETABLES		VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
			Hushpuppies California Blend Veggies Asparagus Baked Peach Halves	Sugar Snap Peas Glazed Carrots Zucchini Black-eyed Peas	Red Beans & Rice Cut Green Beans Steamed Cabbage Creamed Spinach	Fried Okra Brussel Sprouts Oriental Vegetables Roasted Corn w/ Red Peppers
ACTION STATION	ACTION STATION	ACTION STATION	ACTION STATION	ACTION STATION	ACTION STATION	ACTION STATION
gyros			Build Your Own Stir Fry	HARD TACOS	stir fry	PHILLY CHEESE STEAK
DESIGN SALAD	DESIGN SALAD	DESIGN SALAD	DESIGN SALAD	DESIGN SALAD	DESIGN SALAD	DESIGN SALAD
CHEF SPECIAL			CEASAR CHICKEN	ORIENTAL CHICKEN	CAJUN CHICKEN	SHRIMP